

Marisa Nava, Ph.D.
Licensed Clinical Psychologist

Co-Parenting Agreement

Family:

Date:

This statement serves to affirm our intent to seek co-parenting services from Dr. Marisa Nava. By signing this document, we signify that we agree to all of the points set forth below. We attach no qualifiers or equivocations. We have discussed this in detail with Dr. Nava and understand the ramifications.

1. We understand that Dr. Nava is not being hired to provide forensic services, and she is not being asked to determine custody. Dr. Nava will not be asked, nor will she give, any opinion with regard to custody.
2. We understand that Dr. Nava will be interacting with both me and my spouse/ex-spouse and that her recommendations will be made with the best interest of our children in mind. Her recommendations may include co-parenting work and/or individual assessment/therapy for myself and/or my spouse/ex-spouse, and/or therapy for our child(ren).
3. We expect Dr. Nava to be open and honest with us concerning behaviors or actions that we are doing which may negatively affect our child/children. We understand that Dr. Nava's primary concern will be for us to be effective at working together to parent our children.
4. We will not ask Dr. Nava to keep secrets from my spouse/ex-spouse. Although we may meet with her individually and/or communicate information through the phone and/or email, this information will not be held confidentially from the other party.
5. Information will be held confidential from parties outside of the co-parenting session, with the exception of the Child Abuse Reporting Law or threats of physical harm. By signing this agreement both parties agree that we will never ask Dr. Nava to comment or discuss my spouse/ex-spouse with my attorney or anyone. We will not ask that the material discussed during sessions (e.g., progress notes, evaluations, etc) be used in any legal proceedings, nor will we ask Dr. Nava to testify regarding her work with our family.
6. If one of the goals of co-parenting sessions is to develop a parenting plan, Dr. Nava may provide recommendations regarding parenting time/visitation that in general work for children at a given developmental level and in regard to how well parents are able to work together in the best interest of the child. However, it will be up my spouse and I, not Dr. Nava, to come to a final agreement for the parenting plan.

Mother

Date

Father

Date

Psychologist

Date